

2026 PAC and Legislative Activities

Chapter 236; NARFE, Washington State Federation

Late September through early October, 2026

CONGRESSIONAL ACTIONS and LEGISLATIVE ISSUES - Information current on **October 14, 2026** based on [congress.gov](https://www.congress.gov). NARFE Bill Tracker [here](#) and current as of September 25 and covers more legislation than is included in the [NARFE Magazine bill](#) tracker. NARFE following bills in categories on the [on-line bill tracker](#): This bill synopsis covers 14 bills while the [Bill Tracker](#) covers 75.

- Federal Benefits – 19 bills
- Federal Annuities – 2 bills
- Federal Personnel Policy – 34 bills
- Federal Compensation – 15 bills
- Postal Service- 3 bills
- Other Advocacy Priorities – 2 bills

Bills with an asterisk in the following synopsis are in the NARFE Bill Tracker from October 2026 NARFE Magazine, pages 12, 13, 14. Bills with a + are in NARFE's on-line bill tracker.

*+[H.R. 70/S. Res. 147](#): **No SmartPay for Anti-2A Companies Act**. Regarding Postal Service independence and no privatization. A resolution expressing the sense of the Senate that Congress should take all appropriate measures to ensure that the United States Postal Service remains an independent establishment of the Federal Government and is not subject to privatization. Four House and seven Senate cosponsors. (NARFE supports).

[H.J. Res. 187](#): **WISeR Model**. Providing for congressional disapproval under chapter 8 of title 5, United States Code, of the rule submitted by the Centers for Medicare & Medicaid Services of the Department of Health and Human Services relating to "Medicare Program; Implementation of Prior Authorization for Select Services for the Wasteful and Inappropriate Services Reduction (WISeR) Model". Nine cosponsors including DelBene, Jayapal, Randall, and Smith. This HJR is not on the NARFE Bill Tracker as of 9/24/26.

[Centers for Medicare & Medicaid Services](#) (CMS) is using a new Medicare payment model (the *Wasteful and Inappropriate Services Reduction (WISeR) Model*) in certain states, one of which is Washington, testing a prior authorization process and the use of enhanced technology (read AI) by third-party contractors to determine whether certain claims should be paid. Implementation of the model was on January 1, 2026. This joint resolution prohibits the CMS from continuing to do so.

*+[H.R. 491/S.624](#): **Equal COLA Act**. Makes FERS COLAs the same as CSRS. Ninety house cosponsors (DelBene, Jayapal & Randall). Murray is one of 20 Senate cosponsors. [S.624](#). NARFE articles on H.R. 491 – [here](#). (NARFE supports).

*+[H.R. 492/S.134](#): **Saving the Civil Service Act of 2025**. Blocks return to schedule F (AKA "Schedule Policy/Career"). Keeps merit-based approach. One hundred twelve House cosponsors (DelBene, Jayapal, Larsen, and Randall from WA). Twenty-four cosponsors in Senate, includes Murray. [S.134](#). NARFE article – [here](#). (NARFE supports).

+[H.R. 493/S.126](#): **Federal Adjustment of Income Rates (FAIR) Act**. Proposes a 4.3% federal employees pay increase with a 3.3% across the board increase and an average locality pay increase of 1%. Sixteen Senate cosponsors, none from WA; 36 House cosponsors, two of which are DelBene and Randall. NARFE articles on H.R. 493 – [here](#). (Connolly version). (NARFE supports).

*+[H.R. 1522](#): **Federal Retirement Fairness Act**. Civilian service in temporary positions after 1988 creditable under FERS. Randall is sponsor. 157 cosponsors, including DelBene, Jayapal, Larsen, Gluesenkamp Perez, Randall, Schrier, Smith, and Strickland. (NARFE supports).

+[H.R. 1700](#) / [S. 770](#) – **Social Security Expansion Act**. Enhances social security benefits by increasing the first bend point percentage from 90% to 95%, adopts a new computation for COLAs known as the Consumer Price Index for Elderly (CPI-E), increases the minimum benefit for low-income earners based on years of service, and extends the benefit eligibility age for children who are full-time students from 19 to 22. Forty one cosponsors, one of which is Jayapal (WA-07). Ten Senate cosponsors but none from WA. (NARFE supports).

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***+[H.R. 2550/S.2837](#): Protect America’s Workforce Act.** Overturns executive order against certain unions. 48 Senate cosponsors (Cantwell & Murray are cosponsors); 226 House cosponsors (from WA –DelBene, Jayapal, Larsen, Gluesenkamp Perez, Randall, Schrier, Smith, & Strickland). NARFE articles on H.R. 2550 - [here](#). (NARFE supports).

***+[H.R. 4440](#) Protecting Federal Employees Workforce Act.** To amend title 5, United States Code, to require agencies to provide official personnel record files to Federal employees and former Federal employees, and for other purposes. Seventeen cosponsors including Jayapal from WA—07. (NARFE supports).

***[H.R. 4632](#) Fair Representation Act.** On ranking candidates in order of preference and criteria for redistricting. **There is currently no direct Senate companion bill. There are seven cosponsors none of whom are from WA.**

***+[H.R. 5249](#): Limit on Sweeping Executive Reorganization Act.** Walkinshaw bill requiring president and executive branch to provide Congress with a Reorganization Impact Report, which Congress must approve prior to President may enact major federal employee terminations. Five cosponsors, none from WA. (NARFE supports).

+[H.R. 5676](#) Stop Stealing Our Jobs Act. This bill prohibits the President or the head of an executive agency from removing a federal employee from the civil service (e.g., as part of a reduction in force) during a lapse in discretionary appropriations (*i.e.*, government shutdown) unless the employee is a political appointee. Sixteen cosponsors but none from WA. (NARFE supports).

[H.R. 5940/S. 3480](#): Seniors Deserve SMARTER Care Act of 2025. Sponsored in House by DelBene and 47 cosponsors, including Jayapal, Larsen, Randall, Schrier, Smith and Strickland. About WISer. Members should encourage Baumgartner, Gluesenkamp Perez, and Newhouse to cosponsor. Senate version sponsored by Murray and 19 cosponsors, including Cantwell.

[H.R. 6130/S. 3267](#) ASAP Act (About ALZ). [H.R. 6130](#) is to amend title XVIII of the Social Security Act to provide for Medicare coverage of blood-based dementia screening tests. This Act may be cited as the “Alzheimer’s Screening and Prevention Act of 2025” or the “ASAP Act”. 230 cosponsors including DelBene (WA-01), Jayapal (WA-07), Larsen (WA-02), and Strickland (WA-10) Senate version ([S. 3267](#)), has 57 cosponsors, one of which is Cantwell.

***+[H.R. 7480/ S. 3823](#): Federal Adjustment of Income Rates (FAIR) Act):** This bill would provide federal employees with a 3.1% across-the-board pay raise in 2026, plus a 1% average increase to locality pay rates. Thirty-eight House cosponsors including (Jayapal WA-07) and DelBene (WA-01) and 12 Senate cosponsors (none from WA). (Walkinshaw version). (NARFE supports).

CONGRESSIONAL ACTIONS

- Led by Representative James R. Walkinshaw (VA-11), the [Congressional Federal Workforce Caucus](#) is committed to protecting federal workers and strengthening the merit-based civil service—so public servants can continue serving the American people free from political interference. Emily Randall (WA-06) is a member of this caucus.
- NARFE Advocacy Team has initiated the “**NARFE Ally Award**” to recognize members of Congress who support federal annuitants and employees. Points are awarded based on tiers of issues with a minimum of six points to get an award. This award provides opportunity to further engage our delegation.

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POLITICAL ACTION COMMITTEE (PAC) ACTIVITIES

[Contribution and Distribution Reports](#) are done quarterly and a yearly total is presented. This information is through September 30, 2026. The next update will be shortly after the end of December.

2026 Quarter 7 NARFE-PAC [Contributions](#) from Washington State and Nationally.

Contributors	Amount	Sustainers
276	\$37,593.10	23
National		
19,790	\$1,749,687	581

2026 Q7 NARFE-PAC [Disbursements](#) to candidates (Through September 30, 2026) and [Difference Between 2026 Q 6 \(through 6/30/26\) and Q 7 Through September 30, 2026\)](#)

District	Name	Party	Amount Given through June 30, 2026	Amount Given through September 30, 2026
01	Suzan DelBene	D	\$6,500	\$9,000
02	Rick Larsen	D	\$2,500	\$4,000
03	Marie Gluesenkamp Perez	D	\$2,000	\$2,500
04	Dan Newhouse	R		
05	Michael Baumgartner	R		
06	Emily Randall	D	\$2,000	\$2,500
07	Pramila Jayapal	D	\$1,000	\$1,000
08	Kim Schrier	D	\$1,000	\$1,000
09	Adam Smith	D		\$5,000
10	Marilyn Strickland	D	\$500	\$1,000
			\$15,500	\$26,000

Note: Through September, candidate total contributions: \$668,500 (\$512,000 through June). Non-candidate total: \$200,000. Leadership PAC total: \$261,500 (\$261,000 through June). Total disbursement: \$1,130,000 (\$937,500 through June).

A \$2,500 disbursement to American Defense and Military PAC on behalf of Rep. Smith. \$1,000 to Democratic Majority Fund, Leadership PAC on Behalf of DelBene. \$10,000 to MPAC Leadership PAC on behalf of Patty Murray.

COORDINATION ACTIVITIES (Late September-mid-October, 2026)

Explanation. In meetings with our delegation, I use the following as a template.:

- Introduce self and NARFE, explaining NARFE is nonpartisan.
- Emphasis on the federal family to show the scale.
- NARFE priorities:
 1. Oppose Cuts to Earned Federal Retirement and Health Benefits
 2. Protect the Integrity of Government Operations and the Merit-Based Civil Service
 - a. Oppose Efforts to Eliminate or Undermine the Merit-Based Civil Service.
 - b. Oppose Across-the-Board Reductions in the Size of the Federal Workforce
 - c. Support Market Rate Increases to Federal Pay Rates
 3. Support Full COLAs for Federal Retirees

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4. Support More Choice and Lower Costs for Federal/Postal Health Benefits Programs
 5. Strengthen OPM's Retirement Services division
- Thank them for cosponsorships and urge them to cosponsor other bills important to NARFE.
 - Have an ask – what would you like them to do? Like cosponsoring and join the federal workforce caucus.
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- ❖ 8/21 – *NARFE Magazine* bill tracker for September sent to WSF and chapter leadership.
 - ❖ 9/1 - Attended Chapter 0131 (Vancouver) meeting where Cameron Kockritz (WA-03, Gluesenkamp Perez) and Caitlin Harrington (Senator Murray) gave an update on the budget continuing resolution (through December 11) and going to the President; civilian raises/COLAs equal to the military; do not increase military spending while cutting social programs; cost of groceries and fuel; FEMA on fore response, and Senator **Murray will be running again**. They responded to questions. I noted NARFE is nonpartisan; NARFE's advocacy priorities. NARFE scorecard are all 100% for Murray and Gluesenkamp Perez. Thanked Harrington for Murray sponsorship and cosponsorships and urged cosponsoring on others. Submitted information to Legislative Action Center.
 - ❖ 9/12 - Post to FEDhub message from NARFE staff that FEDcon26 presentation slides have been posted. <https://narfe.informz.net/z/cjUucD9taT0zNzl0OTM5JnA9MSZ1PTUyODI4OTI5NCZsaT00NDYwMzYwNw/index.html>
 - ❖ 9/23 - Post to FEDhub on Olympia Alzheimer's walk scheduled for 9/26 for Chapter 236, national only members, and anyone else under team name NARFE 236.
 - ❖ 9/28 – In person meeting with Catalina Amórtégui; Thurston County/Olympic Peninsula Director for Senator Murray.
 - ❖ 9/29 – Submitted Legislative Action Center update on meeting with Catalina Amórtégui; Thurston County and Olympic Peninsula Director for Senator Patty Murray.
 - ❖ 10/1-3 - Attended NARFE Region 9 Symposium in Ellensburg. Presented a PAC and legislative update to the Washington Federation. To the entire symposium, co-presented with Ruthann Couch of Oregon on Engaging Congress and the Public; and then singly on NARFE not being partisan.
 - ❖ 10/2 – Meeting request submitted on website of Rep. Baumgartner (WA-05).
 - ❖ 10/5 – Posted to FEDHub for open forum and Washington State Federation announcement of Rep. Jayapal shadow hearing on the WISER model and effects of the Trump administration's push to expand prior authorization in Medicare. Registration link: <https://forms.cloud.microsoft/g/W8p7wJg7J7> Follow-up posting the forum postponed.
 - ❖ 10/6 – Sent to WSF leadership, chapter presidents, PAC and legislative chairs and a few others the September 2026 WSF Legislative and PAC Update.
 - ❖ 10/7 – Phone call to DC and Spokane offices of Rep. (WA-05) asking about setting a meeting with the Representative. Staffer Andrew Rowls is supposedly going to call. Let Spokane chapter leaders know. Called again on October 12 and left message for Mr. Rowls.
 - ❖ 10/9 - Posted to FEDHub WSF and Advocacy 10/14/26, 5-730 virtual townhall from Congresswoman Pramila Jayapal and Ranking Member Joe Morelle for a national virtual townhall titled, "Protecting the Integrity of American Democracy in the Midterm Elections". https://ushr.zoomgov.com/webinar/register/WN_6rdtYEMpQ5-2JrBITD6Ghg
 - ❖ 10/14 – Attended virtual townhall from Congresswoman Pramila Jayapal and Ranking Member Joe Morelle for a national virtual townhall titled, "Protecting the Integrity of American Democracy in the Midterm Elections". https://ushr.zoomgov.com/webinar/register/WN_6rdtYEMpQ5-2JrBITD6Ghg

Respectfully submitted,
Doug Rushton
National Legislative Chair
National PAC Chair
Washington State Federation
National Active and Retired Federal Employees
Chapter 0236 Olympia-South Puget Sound