

National Active and Retired Federal Employees Association

Seattle Chapter 0043 – SUMMER 2026

President: Robert Rust robert-rust@hotmail.com Secretary: Theresa Blahato [REDACTED]
Treasurer: Gene Blahato [REDACTED] Western WA District VP: Bea Bull 360 286 7798 tbkbull@gmail.com
We have opportunities for anyone who would like to be an officer or committee chair.

MEETING: The meeting will be a Lunch Meeting on 20 August, 2026 at Spiro's Pizza and Pasta Restaurant, 18411 Aurora Ave N, Shoreline, WA 98133. The no host lunch will start at 11:30 and business and presentations by noon. Please RSVP to the Theresa Blahato at [REDACTED] to help us plan.
Next meeting for 2026 is tentatively scheduled for November 19.

AGENDA: This month's speaker is Lauren Carroll, Program Manager, King & Kitsap Counties, Alzheimer's Association Washington State Chapter. Her presentation is **Responding to Dementia-Related Behaviors**.

We will also have an open discussion on the status of Federal Employees. We want to focus on the real issues and what we can do to assure Federal workers are treated fairly.

WORKING TOGETHER TODAY TO PROTECT OUR EARNED BENEFITS FOR TOMORROW

The Association, since July 1970, has been classified by the IRS as a tax exempt labor organization [not a union]; however, dues, gifts, or contributions to the Association are not tax deductible as charitable contributions.

From President Bob

As we move into election session, I want again remind folks that NARFE is nonpartisan. The first reason is that NARFE is laser focused on federal employees, their welfare, and their benefits. Partisan politics focus on a party's policies on many issues. This distracts from our focus. A current example is illegal immigration. Our focus needs to be on the federal employees involved and their safety not how we feel about immigration laws and policies. That is for a different forum. The second reason is if we pick one party over another, we alienate a large portion of our supporters. Both parties have people that support us and people who do not. By picking a party, we lose supporters from the other party and end up supporting people that vote against federal employees benefits and protections. I fully encourage members to support the party and policies they choose. **Just when is NARFE is all about the federal workers and what is best for them.**

From District VP Bea Bull

FEDERATION ELECTIONS – The federation still needs candidates for president, vice president,

secretary and treasurer, most especially secretary (Curtis is running for Region IX VP) and treasurer (Arlene tendered her resignation effective 12/31). Please consider stepping up. Contact me for more information or <https://www.narfe.org/wa>.

REGION IX SYMPOSIUM – This event in Ellensburg, Washington, 10/1 -3. For information, <https://www.narfe.org/region09/meetings-events/meetings/symposium2026/>. The federation has funds to help members attend this event. Members should contact WSF President Tony Merola at TIGER7565@AOL.COM or 253-820-2408 and copy WSF Treasurer Arlene Patton at apatton1202@outlook.com. Arlene will help you apply for a reimbursement of the \$150.00 registration fee.

NARFE NATIONAL ELECTION AND BYLAWS AMENDMENTS – Besides electing National officers and the Region IX VP, there are 9 bylaws amendments on the ballot (see pg 49 of the August *NARFE Magazine*). See pg 50 for instructions on requesting a paper ballot. If you miss the 8/14 5PM deadline, a paper ballot will be in the September *NARFE Magazine*.

USEFUL INFORMATION for CHAPTER 43

NARFE Headquarters-----703-838-7760 (toll)
NARFE Website-----www.narfe.org
NARFE Member Records-----800-456-8410
Legislative Hotline-----877-217-8234 [free]
OPM---888-767-6738 [free] // 202-606-0500 [toll]
Senator Patty Murray-----206-553-5545
Senator Maria Cantwell -----206-220-6400
Rep. Pramila Jayapal (D-7)-----206-674-0040
Rep. Adam Smith (D-9)-----425-793-5180
Rep. Suzan DelBene (D-1)-----425- 485-0085
Rep. Kim Schrier (D-8) -----425- 657-1001
Rep. Marilyn Strickland (D-10) ---360= 459-8514
WA Federation website ____ www.narfe.org/wa
Western WA District ____ www.narfewadistiv.org

NARFE Webinars are a great source of information on your benefits. It is easy to log on www.NARFE.org and not only take in the current lectures but also review past lectures. If you know any current employees let them know about this resource. It is a wonderful recruitment tool and you will be doing them a service.

NARFE
PO Box 80631
Seattle, WA 98108



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RETURN SERVICE REQUESTED

Meeting Notice

RECRUIT NEW MEMBERS FOR NARFE

If you are in contact with a Federal employee, at the post office, social security office, etc. be sure to tell them about NARFE. I can provide you with blank applications. Email me: robert-rust@hotmail.com

NARFE PAC is an important part of our efforts to influence Congress and protect our benefits. Legally only money given directly to the PAC can be used for PAC purposes. This is a nonpartisan effort and is based strictly on the candidate's support of NARFE issues and benefits.

VERITY CREDIT UNION: Balances as of 4/10/2026. : Checking \$3,610.57 and Saving \$ 9,720.45.

CHAPTER 43 MEMBERSHIP IS 232

Please welcome new chapter members: Eric [REDACTED], Michael [REDACTED], Alan [REDACTED], Mari [REDACTED], Jack, [REDACTED], Jim, [REDACTED], and Stephen Grace. Sadly I must report Margaret [REDACTED] and Lola [REDACTED] passed.