

National Active and Retired Federal Employees Association Seattle Chapter 0043 – Winter 2026

President: Robert Rust robert-rust@hotmail.com Secretary: Theresa Blahato [REDACTED]
Treasurer: Gene Blahato [REDACTED] Western WA District VP: Bea Bull 360 286 7798 tbkbull@gmail.com
We have opportunities for anyone who would like to be an officer or committee chair.

MEETING: The meeting will be a Lunch Meeting on February 19, 2026 at Spiro's Pizza and Pasta Restaurant, 18411 Aurora Ave N, Shoreline, WA 98133. The no host lunch will start at 11:30 and business and presentations by noon. Please RSVP to the robert-rust@hotmail.com above to help us plan. Future meetings for 2026 are tentatively scheduled for May 21, August 20 and November 19.

AGENDA: Michael Tanaka, Outreach Coordinator/Grants Coordinator for US Representative Pramila Jayapal (D-WA) will be the guest speaker

We will also have an open discussion on the status of Federal Employees. We want to focus on the real issues and what we can do to assure Federal workers are treated fairly.

WORKING TOGETHER TODAY TO PROTECT OUR EARNED BENEFITS FOR TOMORROW

The Association, since July 1970, has been classified by the IRS as a tax exempt labor organization [not a union]; however, dues, gifts, or contributions to the Association are not tax deductible as charitable contributions.

From President Bob

Recruitment: Our chapter had the highest number of new members in the state for 2025.

Alzheimer's Outreach/White Elephant Gift Exchange at the last meeting raised \$222. We are very grateful for your generosity! Also, a special thanks for Theresa and those that organized it.

I am very concerned about the current climate where Federal workers are being attacked while doing their jobs. Federal workers do many of the jobs that some people may not like, such as IRS, DEA, ICE, TSA, etc. They don't write the laws or set policy. It is unfair to throw dangerous objects at them, doxing them, or threaten them or their families. There is a process to make change through allowing people to express their opinions and influence Congress to change the laws. We need to support our fellow Federal workers in this time of strife. Also, if you feel there should be changes, work with those that can make the change.

From District VP Bea Bull

NARFE National Secretary/Treasurer Blythe approved the Seattle bylaws amendment to grant National Life members Chapter Life membership.

It's time again to elect Washington State Federation officers. We need volunteers to serve on the Nominating Committee and we need candidates for president, vice president, secretary and treasurer. Please consider stepping up. There are also open appointed positions: Membership Recruiting, Alzheimer's Coordinator, and Assistant District Vice President. Contact me for more information.

The Region IX Symposium will be held in Ellensburg, Washington on October 1 -3, 2026. Meetings will begin at noon on Thursday, run all day on Friday, and finish up at noon on Saturday. There will be speakers from National and several breakout training modules. For more information, visit the Region IX website at <https://www.narfe.org/region09/meetings-events/meetings/symposium2026/>.

USEFUL INFORMATION for CHAPTER 43

NARFE Headquarters-----703-838-7760 (toll)
NARFE Website-----www.narfe.org
NARFE Member Records-----800-456-8410
Legislative Hotline-----877-217-8234 [free]
OPM---888-767-6738 [free] // 202-606-0500 [toll]
Senator Patty Murray-----206-553-5545
Senator Maria Cantwell -----206-220-6400
Rep. Pramila Jayapal (D-7)-----206-674-0040
Rep. Adam Smith (D-9)-----425-793-5180
Rep. Suzan DelBene (D-1)----- 425- 485-0085
Rep. Kim Schrier (D-8) -----425- 657-1001
Rep. Marilyn Strickland (D-10) ---360= 459-8514
WA Federation website ___ www.narfe.org/wa
Western WA District ___ www.narfewadistiv.org

NARFE Webinars are a great source of information on your benefits. It is easy to log on www.NARFE.org and not only take in the current lectures but also review past lectures. If you know any current employees let them know about this resource. It is a wonderful recruitment tool and you will be doing them a service.

NARFE
PO Box 80631
Seattle, WA 98108

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RETURN SERVICE REQUESTED

Meeting Notice

RECRUIT NEW MEMBERS FOR NARFE

If you are in contact with a Federal employee, at the post office, social security office, etc. Be sure to tell them about NARFE. I can provide you with blank applications. Email me: robert-rust@hotmail.com

NARFE PAC is an important part of our efforts to influence Congress and protect our benefits. Legally only money given directly to the PAC can be used for PAC purposes. This is a nonpartisan effort and is based strictly on the candidate’s support of NARFE issues and benefits.

VERITY CREDIT UNION: Balances as of 1/23/2026. : Checking \$ 4,291.54; Saving \$ 9,318.16. This includes \$875 for recruiting 35 new members.

CHAPTER 43 MEMBERSHIP IS 245

Please welcome new members include: Xiangyu [redacted], Francis [redacted], Vicki [redacted], and Barb [redacted].