Snohomish County

Presentation by Graham Kerr, "The Galloping Gourmet"!!!

Tuesday, March 26, 2024 • 10am-2pm

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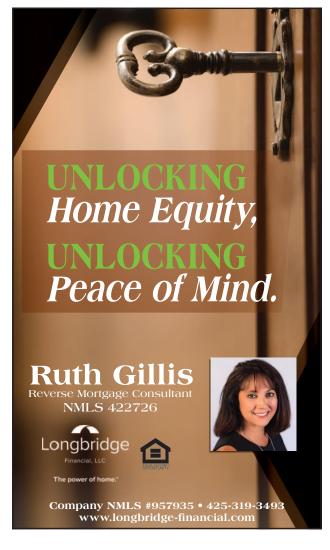




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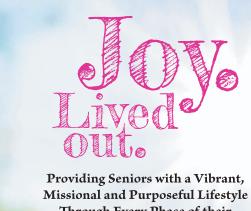


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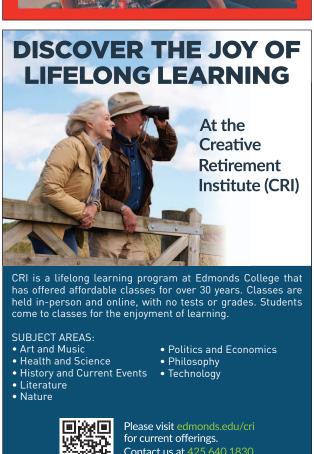
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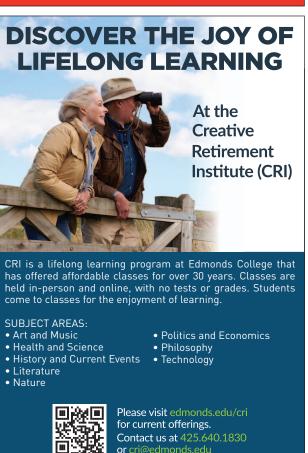
To learn more, visit aarp.org/caregiverswa















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Contact name: Merry Byrum, **Everett Chapter Service Officer**

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Please join us at our local meetings on the 3rd Wednesday of every month.



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The Skagit County Historical Museum preserves and presents history of Skagit County for all people, for all time.

Learn about the new exhibit, "Signs, Signs, Everywhere Signs: The Art of Bob Mortenson," opening from March 29 through September 29. Find out about our upcoming events such as the Topics @ The School series, "Valley Girls: Legendary Women and their Adventures in Skagit County." The next presentation taking place on April 28, 2-4pm, featuring Mary Roberts Rinehart (aka America's "Agatha Christie") who crossed the Cascade Pass in 1916.

In addition to dynamic programming, we offer

an array of opportunities to volunteer and get involved. Learn SKAGIT COUNTY more about the Skagit County Historical Museum at the Expo! 501 S 4th St., La Conner

Open: Thursday -Sunday 11-4 Admission: \$5 Adults/\$10 Family, \$4 Senior and Children 6-12, **Members free!**

360-466-3365 www.skagitcounty.net/museum This project received funding from Skagit County.



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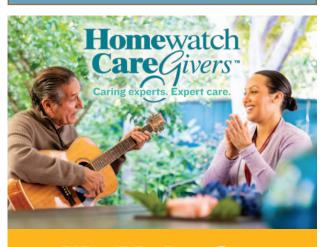
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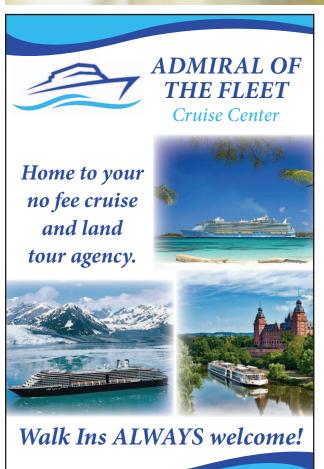


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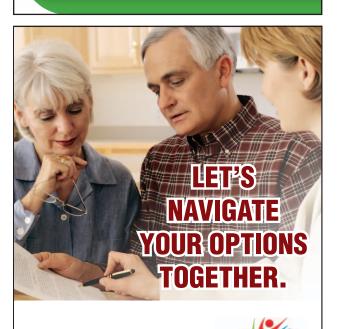




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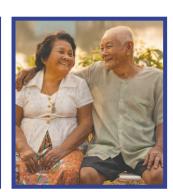


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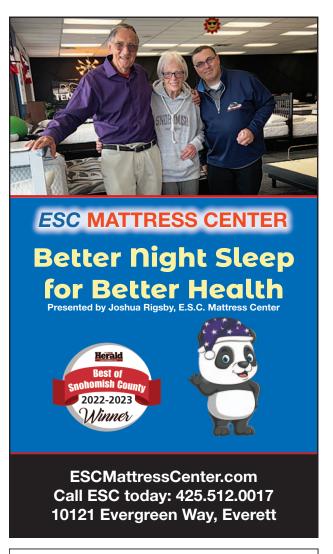












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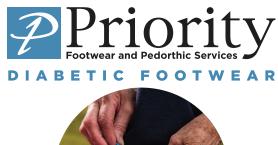
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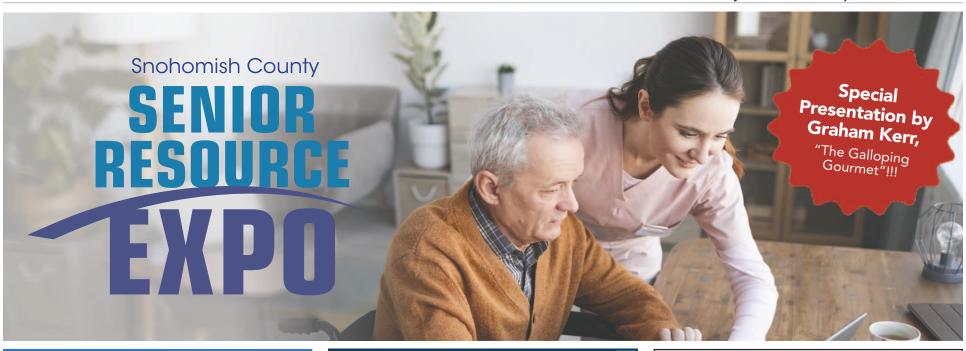
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Speaker Series

- □ 10am 10:45am | Snohomish County Health Department
- 10:50am 11:20am | United Healthcare
- ☐ 11:25am 11:55am | Senior Centers Network Panel
- 12pm 12:50pm | AARP
- ☐ 12:55pm 1:10pm | Silver Age Senior Living Advisors
- 1:15pm 2pm | Graham Kerr "The Galloping Gourmet"

Get fit with group exercise and chair yoga demonstrations with the **YMCA of Snohomish County!**

Every hour on the hour starting at 11am. (weather permitting)





Senior Resource Fair & Vaccine Clinic

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Care-a-Van services are available at no cost to children 6 months through 18 years. Adults, ages 19 and up with health insurance may be billed for flu and/or COVID-19 vaccinations depending on their plan.

Tuesday, March 26, 2024 • 10:00 AM - 2:00 PM Indigo Hotel, 1028 13th Street Everett, WA 98201

Childhood vaccines available for ages 6 months through 18 years. COVID-19 and flu vaccine available for those 6 months and up.



Walk-ins welcome!
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Visit WAverify.doh.wa.gov to access your vaccine



EXPO

Exhibitor List

- ☐ Snohomish County Health
 Department
- □ Community Transit
- □ Homage
- ☐ Cynthia Nava-Insurance Agent
- ☐ MacPherson's RHB Realty
- ☐ Skagit Historical Museum
- ☐ Hospice of the NW
- ☐ Concierge Care Advisors
- ☐ Fieldstone Memory Care Marysville
- ☐ Edmonds College Creative
 Retirement Institute
- □ Washington Oaks- Everett
- ☐ American Cremation & Casket Alliance
- ☐ City of Everett Community Housing Improvement Program
- ☐ Snohomish County Human
 Services Long Term Care & Aging
- ☐ Longbridge Financial- Ruth Gillis
- ☐ Lincoln PNW Team- Jason Lincoln
- ☐ Smart Cremation
- □ Guided Solutions
- ☐ Cascade Village at Smokey Point A Josephine Community
- ☐ The Gardens at Marysville
- □ Expedia Cruise Ship Centers
- ☐ Silver Age Senior Living Advisors
- ☐ Right at Home

- ☐ Brookdale Monroe
- □ United Healthcare
- □ Puget Sound Kidney Centers
- ☐ Family Resource Home Care
- ☐ AARP
- ☐ Sno-Isle Library
- □ Warm Beach Senior Community
- □ Mutual of Omaha-Ted Butler
- ☐ EXP Realty -Teresa Barthol
- ☐ Homewatch Caregivers
- ☐ Susan Hanson Insurance
- □ ESC Mattress
- ☐ Robinson Dental
- ☐ Ginny's Girls Estate Services
- □ Next Step Transitions
- □ PUD
- ☐ Hillary Blanchard-Medicare Supplements & Advantage Plans
- ☐ Harbour Pointe Senior Living
- ☐ Everett Center Post Acute Care & Rehab
- ☐ MSHH Donor Closet
- ☐ Alpha Home Health and Hospice
- □ Priority Shoes
- □ Care Partners Senior Living
- ☐ Admiral of the Fleet Cruise Center
- ☐ SHAG Independent Living
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- □ National Active and Retired Federal Employees Association (NARFE)



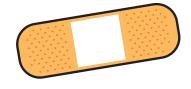


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Protect yourself

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